

INTRODUCING K. JEAN LUCAS, MD

Visiting a physician for the first time can often be an anxiety provoking experience. With this letter, I hope to introduce myself to you in a way that will make you more comfortable with our initial encounter.

Although born in South Carolina, I have lived in North Carolina since I was 13. After attending college at Duke University, I went to rival UNC for medical school. All of my subsequent medical training was completed in North Carolina: internship at Pitt Memorial in Greenville, residency at Carolinas Medical Center in Charlotte, and Duke for endocrinology. At Duke, I met and married my husband Seth and stayed there for a year as a faculty member.

After training, I joined an endocrinology practice in Little Rock, Arkansas for two years before we moved to Atlanta, Georgia, in 1988. 1988 was also the year of the birth of our son, Graham. From 1988 until June 2000, I was in a large group practice in Atlanta; there I developed an interest in clinical research, women's health, osteoporosis, and thyroid ultrasound. I have been trained in bone densitometry interpretation and have done osteoporosis studies since 1992 when my practice obtained its first bone density machine. I earned a license to give radioactive iodine as a treatment for hyperthyroidism and thyroid cancer in my office.

During all this time, we would vacation twice a year at my parents' beach house on Emerald Isle. We always found it difficult to return to land locked Atlanta. Finally we made the decision to move back to North Carolina and to our favorite area. Since June 2000, I have lived in Pine Knoll Shores with my endocrinology practice located in Morehead City. We are delighted to be in such a pleasant, friendly community. For further information on endocrinology topics I have written about and information about the office, you may want to visit my website, <http://www.BeachDoctor.com/>.

INTRODUCING KRISTIN GAINAY FERREE, MSN, RN, FNP

I grew up in Morehead City and always knew that I would one day return to the area to be closer to my family and the ocean. I was born right here in town at Carteret General Hospital. I attended nursing school at East Carolina University. After graduating from college, I moved to Raleigh to work as a Registered Nurse at Rex Hospital while pursuing my Master's Degree in Nursing at ECU to become a Family Nurse Practitioner. My five years of bedside nursing experience prior to becoming a Nurse Practitioner prepared me to thoroughly meet and understand the needs of my patients.

I recently married my college sweetheart, David Ferree. He grew up in Highlands, NC which is a small mountain town. We met at East Carolina University and are both big Pirate fans! We have two Siberian Huskies, Bigz and Dakoda. We enjoy living on the coast because we love to go fishing, boating, and relaxing on the beach.

Dr. Lucas and I work together to provide excellent care for our patients. Being a specialty office, allows us to focus our full attention on your Endocrinology needs. Please remember to bring all your current medications to each visit as well as copies of any recent lab work you have had done. See you soon!

Bone Density Testing Without an Appointment

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